



HeartSmart Walks

Free guided walks in the Chichester District

**Welcome to the HeartSmart Walks
programme
May to July 2024**



The Severals Wood near Midhurst

By Bruce Dupée

Booking Information

- These walks are led by Volunteer Walk Leaders and are designed to cater for all ages and abilities. The walks offer opportunities to exercise and meet new people in a safe and friendly environment.
- Please book online where possible at [the HeartSmart webpage](#) or via the telephone.
- If you are unable to attend, please ensure you cancel online (via the link on your confirmation email). **If you need to cancel on the day, please phone the office on 01243 521041 so the walk leader can be notified.**
- Up to 15 walkers per walk. If you turn up without having pre-booked you may not be able to walk with the group.
- Walks are available to book one week in advance, up until midnight the evening before the walk takes place. Particularly useful if you are watching the weather.
- If you would like to be informed about walk cancellations and changes then please email us at: health@chichester.gov.uk and we can add you to our HeartSmart mailing list.

Walk Information

- All walks finish at their starting point unless otherwise stated. Please arrive 10 minutes before the walk is due to start.
- Timings and distances stated on the programme are approximate.
- Please inform the Walk Leader if you will be leaving the walk early. You must not attend a walk if you are unwell or have any Covid-19 symptoms.
- We recommend always bringing a mobile phone with the number below stored in case of emergency.
- Please note that the walks are smoke free. Dogs are welcome on walks unless otherwise stated but must be kept on the lead.
- Please be mindful of ticks, especially during the warmer months. You may want to check for ticks after your walk.
- If the weather is poor the walk may be cancelled. Please check with the office or website if unsure (office hours Mon-Fri 9am-4pm).

Please read the walk description before joining the walk to ensure you are walking at the right level and distance for you.

Please wear footwear appropriate for countryside walks and bring a drink of water.

Please note that paper copies are only printed once and are not updated with any amendments so please refer to online copy for most up to date list of walks.

Please arrive 10 minutes before the start of the walk, the walk will leave on time.

Wednesday 1st May – 10.30am – Chidham Peninsula

Leader: Alison & Peter

Duration: 2 hrs 30 mins **Distance:** 5 miles. A flat walk with some of the best panoramic views of the harbour. Some beach walking which will be muddy and there is also a steep-sided ditch which can be slippery in wet conditions.

Meet: Cobnor Farm Amenity car park, Chidham Lane, PO18 8TD.

By Car: Take the A259 towards Emsworth and turn south into Chidham Lane. The car park is on the left after approx. 1 mile (if you reach the sign for Cobnor House you have gone too far).

Wednesday 1st May – 10.30am – Fishbourne

Leader: Ian

Duration: 1 hr 15 mins **Distance:** 2.6 miles, circular walk. The walk is flat, but has some stiles, and since it is a coastal path - it is potentially muddy in parts. The walk includes Fishbourne Centre's fields, the pond near the Bull's Head, Fishbourne Channel's western coastal path, and then some country paths and lanes back to the Fishbourne Centre.

Meet: Fishbourne Center Car Park, PO18 8BE, off Blackboy Lane. What3words: commit.stun.tests

Tuesday 7th May – 11am – *Suitable for Beginners*

Midhurst Jubilee Walk & South Pond

Leader: Richard/Louise

Duration: 45 mins **Distance:** 1.5 miles. Various flat walks around Midhurst at a gentle pace passing interesting historic buildings along the way.

Meet: The Grange Leisure Centre, Bepton Road, Midhurst, GU29 9HD. Free 2 hr parking at the Grange. A ticket has to be obtained and displayed on your windscreen even for the free 2 hrs. Vehicle reg. is needed for the ticket.

By Car: Follow the A286 to Midhurst; take The Fairway and Holmbush Way to New Rd/A286 Turn left onto New Rd/A286. Continue to follow A286. The Grange will be on the right.

By Bus: The Grange is served by a good bus service.

Wednesday 8th May – 10.30am - Compton to Up Marden

Leader: Alison & Peter

Duration: 2.5 hours **Distance:** 6 miles A good walk along lanes and through woodland and fields. Two up-hills and one stile. Suitable for people who enjoy a faster paced walk.

Meet: Compton Recreation Ground Car Park

By car: Take the B2178 from Chichester, turning right at Funtington into Hares Lane and right again on-to the B2146. Continue on the B2146 through West Marden and the recreation ground is on your right as you enter Compton.

Wednesday 8th May – 10am – Wisborough Green

Leader: Louise

Distance: 7 miles **Duration** 2.5-3 hours. A walk up Harsfold Lane over the Wey & Arun Canal, then right along the tow path and then follow the bridleway. Follow bridleway for 3 ish miles and then change to the footpath up to the Fittleworth Road. Follow the road for ½ mile and then along the bridleway back to Wisborough Green.

A fairly level walk with some undulations, 4 stiles and some muddy puddles to walk around. **Please note – it may be changed if river has flooded through rainfall.**

NO DOGS SORRY.

Meet: Park at the green in the laybys

By car: from Chichester follow the A285 road to Petworth, through Petworth then turn right on A272 and follow road to Wisborough Green about 6.5 miles. Turn left signposted to Loxwood and then park. If coming from the A24 side follow the road to Billingshurst and then take the A272 to Midhurst. As you enter Wisborough Green, pass the Three Crowns and then turn right and park.

Wednesday 8th May – 10.30am - Climping - Gentle Pace

Leader: Dominic

Duration: 1hr 15 mins **Distance:** Approx. 3 miles. Along dunes and beach to Climping Mill, then across fields to Ferry Road and Rope Walk to the Yacht Club. Refreshments are available at the Yacht Club on the return.

Meet: 10.30am at Arun Yacht Club Car Park, Rope Walk, Littlehampton, West Sussex, BN17 5DL. **Your support to the club in buying refreshments is appreciated in return for free parking.**

By Car: Take the A259, Bognor Littlehampton Road. About ¼ mile east of Ford Road roundabout turn right into Ferry Road. Follow signs for beach and Golf Course onto Rope Walk. The Yacht Club is on the left opposite the Golf Club at the top of the slope.

Thursday 9th May – 10.30am – Elsted

Leader: Bruce

Duration: 2 hours 15 minutes. **Distance:** 4.5 miles. Ascent 200m (or 240m).

Moderately strenuous with one steep climb to Pen Hill for glorious views.

(Optional extra climb to Beacon Hill). Also visits the lost churches of Treyford. Three stiles.

Meet: Elsted Church. SU816196 (Nearby postcode GU29 0JY)

<http://maps.google.com/maps?t=m&z=15&q=50.9704,-0.8388>

By Car: From Midhurst, at the mini-roundabout, take the A272 exit towards Petersfield. After 2 miles turn left into Elsted Rd. Elsted.

Friday 10th May – 10.30am – Springhead Hill

Leader: Peter

Duration: 2 hrs **Distance:** 4.5 mile hilly downland walk with stunning views all around.

Meet: Car Park at Springhead Hill Map ref TQ069124.

By Car: A27 to Fontwell, A29 to Whiteways Lodge, B2139 passing through Amberley, then minor road on right just after sign to Rackham and Springhead Farm on the left. Follow this road carefully to the car park at the top.

Tuesday 14th May – 11am – *Suitable for Beginners* Midhurst Jubilee Walk & South Pond

Leader: Louise/Richard

Duration: 45 mins **Distance:** 1.5 miles. Various flat walks around Midhurst at a gentle pace passing interesting historic buildings along the way.

Meet: The Grange Leisure Centre, Bepton Road, Midhurst, GU29 9HD. Free 2 hr parking at the Grange. A ticket has to be obtained and displayed on your windscreen even for the free 2 hrs. Vehicle reg. is needed for the ticket.

By Car: Follow the A286 to Midhurst; take The Fairway and Holmbush Way to New Rd/A286 Turn left onto New Rd/A286. Continue to follow A286. The Grange will be on the right.

By Bus: The Grange is served by a good bus service.

Wednesday 15th May – 10.30am – Duncton and Burton Park

Leader: Bruce

Duration: 2 hrs **Distance:** 4 miles, Ascent: 60m. Visits Burton Park and Duncton Mill via meadow and woodland. Some stiles and quiet lanes.

Meet: Duncton School. SU959172 (Nearby postcode GU28 0LD)

<http://maps.google.com/maps?t=m&z=15&q=50.9468,-0.6358>

By Car: Turn left off the A285 Petworth road, just beyond The Cricketers pub, Duncton

By Bus: See <https://www.compass-travel.co.uk/download/west-sussex-bus-services/099F-Book-a-Bus-Compass-99.pdf>

Wednesday 15th May – 11am – Bosham Harbour and Village – Wheelchair Friendly & Easy Access

Leader: Ian

Duration: 45 mins **Distance:** 1.5 miles, flat surface, no stiles. A circular walk through historic Old Bosham and along its scenic harbour front.

Meet: Bosham Car Park, PO18 8HZ, at the bus stop near Bosham Public Toilets. What3words: noses.range.deflation

By car: Number 56 bus from Chichester to Bosham Car Park

Bosham is 4 miles west of Chichester, via the A259, then Delling Lane, then right into Bosham Lane.

By bus: 700 to the "White Swan Roundabout" or 56 to Bosham Car Park.

Wednesday 15th May – 10.30am – Rowlands Castle & St. Hubert's Church

Leader: Sandy

Duration: 3 – 3.5 hours **Distance:** 6 miles. A lovely varied walk with two hills and an opportunity to visit St. Hubert's church in the Idsworth Valley. Some road walking for short distances. **No dogs on this walk please**

Meet: The Castle Inn pub, 1 Finchdean Rd, Rowlands Castle.

By Car: Rowlands Castle, PO9 6DA. Park alongside the green or on Finchdean Road just past the pub.

Friday 17th May – 10.30am – Singleton to Cocking

Leader: Jane

Duration: 5.5 miles 2. 5 hours A linear more strenuous hilly walk with lovely views, taking in woodland and downland. We will be returning by the 60 Bus , so bring money/bus pass for fare. There is an option for a longer walk, depending on the wishes of the group.

Meet: Singleton Village, by the school, where street parking is available.

By car: Take the A286 from Chichester, on the sharp bend turn right into Singleton Village. Follow the road round to the left and the school is on the left. PO18 OHP.

By Bus: 60 Bus from Chichester.

Friday 17th May - 10.30am – Petworth via Shimmings Valley

Leader: Gerald.

Duration: 1 .5 hours. **Distance:** 3 miles. See "Little Switzerland", as the locals call the beautiful Shimmings Valley (east side of Petworth). Steep steps down into the valley with a long slope up the other side. Into Lover's Lane for a shady incline to Brinksole Heath (see the best sign in Sussex). Return via a pleasant track to Byworth, crossing the Haslingbourne stream and back via the famous Virgin Mary Spring.

Meet: Petworth Library, Rosemary Lane, High St, Petworth GU28 0AU. Inside the Library, if wet.

By Car: Park in main Petworth town centre Pound Street GU28 0ES (ample room) & then 3 minute walk. From the toilets, go east up a narrow passageway to Rosemary Lane. Library (on left). If coming via High Street, opposite. Petworth Cottage Museum.

By Bus: No. 1 Midhurst or Worthing to Petworth. Contact Gerald if uncertain, on 07748 597 568. Dogs welcome.

Tuesday 21st May – 10.30am – Fairmile Bottom

Leader: Peter B

Time: 2 hrs 30 mins **Distance:** 4.5 miles. Circular walk through the Downland nature reserve towards Arundel.

Meet: Park alongside the A29 soon after the Madehurst turn, close to the green and white "Bridleway" sign.

By Car: A27 to Fontwell then A29 north to parking place.

Tuesday 21st May – 11am – *Suitable for Beginners*

Midhurst Jubilee Walk & South Pond

Leader: Richard/Louise

Duration: 45 mins **Distance:** 1.5 miles. Various flat walks around Midhurst at a gentle pace passing interesting historic buildings along the way.

Meet: The Grange Leisure Centre, Bepton Road, Midhurst, GU29 9HD. Free 2 hr parking at the Grange. A ticket has to be obtained and displayed on your windscreen even for the free 2 hrs. Vehicle reg. is needed for the ticket.

By Car: Follow the A286 to Midhurst; take The Fairway and Holmbush Way to New Rd/A286 Turn left onto New Rd/A286. Continue to follow A286. The Grange will be on the right.

By Bus: The Grange is served by a good bus service.

Tuesday 21st May – Afternoon Walk 2pm – Benbow Pond & Cowdray Park

Leader: Sandy

Duration: 2 – 2.5 hours **Distance:** 5.25 miles. This outstanding walk through archetypal Sussex countryside has scenic rolling parkland, quiet drove roads, forestry tracks, wildlife & wonderful views. One stile and, of course, rising ground. **No dogs on this walk please**

Meet: Benbow Pond Car Park (GR 914222),

By Car: Benbow Pond is off the A272, 2 miles east of Midhurst on the Petworth-Midhurst road, reachable from either direction.

By Bus: Petworth-Midhurst Bus Service

Wednesday 22nd May – 10.30am – Eartham

Leader: Alison & Peter

Duration: 2-2.5 hrs **Distance:** 5.5 miles. A walk through Eartham Woods, coming back along Stane Street. No stiles. Suitable for people who enjoy a faster paced walk.

Meet: Forestry Commission Car Park, Eartham

By Car: Take A27 east from Chichester. Half a mile before Fontwell turn left following signs to Eartham. Pass The George PH and continue north to the car park on your right.

Wednesday 22nd May – 6pm – Evening Walk Bosham

Leader: Bruce

Duration: 1 hour 45 mins. **Distance:** 3.7 miles. Flat. A stroll around the countryside and the shoreline around the village including the historic Holy Trinity Church.

Meet: Bosham Berkley Arms. SU810043 (Nearby postcode PO18 8QF)

<http://maps.google.com/maps?t=m&z=15&q=50.8333,-0.8501>

By Car: Take the A259 out of Chichester and turn left at the White Swan roundabout. Park near the Berkeley Arms pub.

By Bus: 56 from Chichester; return via 700 at the White Swan roundabout.

Tuesday 28th May – 11am – *Suitable for Beginners*

Midhurst Jubilee Walk & South Pond

Leader: Richard/Louise

Duration: 45 mins **Distance:** 1.5 miles. Various flat walks around Midhurst at a gentle

pace passing interesting historic buildings along the way.

Meet: The Grange Leisure Centre, Bepton Road, Midhurst, GU29 9HD. Free 2 hr parking at the Grange. A ticket has to be obtained and displayed on your windscreen even for the free 2 hrs. Vehicle reg. is needed for the ticket.

By Car: Follow the A286 to Midhurst; take The Fairway and Holmbush Way to New Rd/A286 Turn left onto New Rd/A286. Continue to follow A286. The Grange will be on the right.

By Bus: The Grange is served by a good bus service.

Tuesday 28th May – Afternoon Walk 2pm – Midhurst, Iping & Stedham Commons

Leader: Sandy

Duration: 2 – 2.5 hours **Distance:** 5.5 miles. Interesting terrain of Heathland, Pine Forest & Commons. A mostly flat walk with lovely outlooks and one steep narrow path.

No dogs on this walk please.

Meet: Iping & Stedham Car Park.

By Car: A286 to Midhurst, at mini roundabout in the town, turn left onto A272 towards Petersfield. After 2 miles turn left into Elsted Road (signposted Elsted/Harting) and the car park is 200m along on the right hand side.

By Bus: 92 from Midhurst Bus Station to Elsted Road.

Wednesday 29th May – 10.30am – *New Walk* Slindon Northwood

Leader: Bruce

Duration: 2 hours. **Distance:** 4 miles. Ascent 140m. A moderately strenuous walk through the National Trust Slindon Estate - a quintessentially Sussex mix of farm down and wood.

Meet: Slindon Northwood Cottages. SU959098 (Nearby postcode BN18 0RL)

<http://maps.google.com/maps?t=m&z=15&q=50.8797,-0.6382>

By Car: A27 east from Chichester. Take Britten's Lane 1 mile after the Crockerhill junction. Second left into Top Road. Left into Nore Wood Lane. Car park (free) after 1 mile.

Wednesday 29th May – 10.30am – Littlehampton Seafront - Gentle Pace

Leader: Dominic

Duration: 1hr 15 mins **Distance:** Approx. 3 miles. Refreshments are available at the Yacht Club on the return.

Meet: 10.30am at Arun Yacht Club Car Park, Rope Walk, Littlehampton, West Sussex, BN17 5DL. **Your support to the club in buying refreshments is appreciated in return for free parking.**

By Car: Take the A259, Bognor Littlehampton Road. About ¼ mile east of Ford Road roundabout turn right into Ferry Road. Follow signs for beach and Golf Course onto Rope Walk. The Yacht Club is on the left opposite the Golf Club at the top of the slope.

Friday 31st May – 10.30am – Harting to North Marden

Leader: Jane

Duration: 3 hrs mins **Distance:** 6.5 miles

A hilly walk taking in Harting Down and North Marden, lovely views and open countryside. No stiles but can be slippery. No dogs on this walk please.

Meet: National Trust Car Park on Harting Down

By Car: From Chichester take the A286 through Lavant, turn left on to the B2141. Car park is roughly 5 miles at the top of the hill on the right hand side. There is a £3 parking charge for non-members, payable by phone or on your return home.

Monday 3rd June – 10.30am – *Suitable for Beginners* Chichester Canal

Leader: Sarah

Duration: 30mins **Distance:** 1 mile. A flat walk at a gentle pace, suitable for beginners.

Meet: Chichester Canal, Basin Road, Chichester PO19 8DT.

By Car: From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city.

By Bus: 5-minute walk from Chichester Bus Station.

Monday 3rd June – 10.30am - Emsworth to Nutbourne

Leader: Jane

Duration: 3 hrs **Distance:** 6 miles. A flat walk taking in Emsworth Slipper Millpond, the villages of Prinsted and Nutbourne and the shoreline of Chichester harbour. It can be slippery if muddy. Lovely harbour views. **No dogs please.**

We will return by Thornham Marina where there is an optional coffee stop

Meet: Meet Palmer Road car park North Street Emsworth, which is a pay car park. PO10 7DB.

By Car: From the Emsworth town roundabout, turn right into North Street and the car park is behind Tesco Express on the right hand side.

Tuesday 4th June – 10.30am – Salvington Hill

Leader: Peter Brook

Time: 2 hrs **Distance:** 3.5 miles Circular walk towards Findon with superb views and excellent Autumn foraging (berries).

Meet: Car park on the left at the end of Honeysuckle Lane.

By Car: A27 through Arundel until the end of the dual carriageway at the edge of Worthing (speed camera). Turn left after Swandean Hospital signed High Salvington

Tuesday 4th June – 11am – *Suitable for Beginners* Midhurst Jubilee Walk & South Pond

Leader: Richard/Louise

Duration: 45 mins **Distance:** 1.5 miles. Various flat walks around Midhurst at a gentle pace passing interesting historic buildings along the way.

Meet: The Grange Leisure Centre, Bepton Road, Midhurst, GU29 9HD. Free 2 hr parking at the Grange. A ticket has to be obtained and displayed on your windscreen even for the free 2 hrs. Vehicle reg. is needed for the ticket.

By Car: Follow the A286 to Midhurst; take The Fairway and Holmbush Way to New Rd/A286 Turn left onto New Rd/A286. Continue to follow A286. The Grange will be on the right.

By Bus: The Grange is served by a good bus service.

Tuesday 4th June – Afternoon Walk 2pm – Eartham Wood, Stane Street & Great Down

Leader: Sandy

Duration: 2.5 – 3 hours **Distance:** 6 miles. Climb upwards through Eartham Wood through indigenous woodland to the highest point of Upwaltham Hill and return via Great Down and an undulating track back through the woods to the Car Park. Great views to be had. **No dogs on this walk please**

Meet: Free Forestry Commission Car Park, Eartham Wood (Map Ref. SU938106. PO18 0LU)

By Car: Take the A285 Petworth road from Chichester bypassing the Eartham – Mt.Noddy turn off and at the next Eartham signpost, turn sharp right towards Eartham with the FTC car park soon on the left. Alternatively take A27 Chichester bypass towards Arundel turning left ½ mile before the Fontwell roundabout, continuing through Eartham village (passing The George PH) on your left and find the car park about a mile further on your right.

Wednesday 5th June – 10.30am – Houghton Forest & Bignor Hill

Leader: Alison & Peter

Duration: 2 hrs 30 mins. **Distance:** 6 miles. Walking up through Houghton Forest and back along the South Downs Way with panoramic views in all directions. A fairly strenuous walk with two long uphill stretches. The flint path can be slippery in places. No stiles. Suitable for people who enjoy a faster paced walk.

Meet: Whiteways Car Park, BN18 9FD.

By Car: The car park is just north of the roundabout on the A29 between Slindon and Bury.

Friday 7th June – 10.30am – Cowdray River Rother and Easebourne

Leader: Jane

Duration: 3.5 hours **Distance:** 7.5 miles. This is a very pretty riverside walk with a few uphill sections. Please bring a snack for a short break. **No dogs please.**

Meet: Cowdray Cafe and Farm Shop car park Midhurst.

By car: Take the A286 Chichester to Midhurst Road, through the town centre and continue on to the A272 to Easbourne. The car park is on the right just past the church. Nearest post code GU29 OAJ.

Saturday 8th June – 10.15am – Graylingwell

CHICHESTER COMMUNITY
DEVELOPMENT TRUST

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Leader: Sarah

Duration: Approx. 40 mins **Distance** 1.25 miles. A flat walk at a gentle pace, enjoying the history of Graylingwell Park and surrounding areas, the buildings, trees & wildlife.

Meet: Outside the Pavilion glass building looking onto Havenstoke Park, formerly the Linden Homes site marketing suite. Parking is very limited around the park and chargeable, please walk, use public transport or car share.

Sunday 9th June – 10.30am - Slindon Woods – Gentle Pace

Leader: Dominic

Duration: 2 hrs **Distance:** 3.5 miles. Lovely views. Generally flat, gravel path. Some muddy areas and short inclines. Last ¼ mile uphill.

Meet: National Trust car park, Dukes Road, Slindon.

By Car: East along A27 to Fontwell racecourse roundabout – about 400m from roundabout on the left is Dukes Road. Park in the National Park car park at the bottom of the dip on the right.

Monday 10th June – 10.30am – *Suitable for Beginners* Chichester Canal

Leader: Sarah

Duration: 30mins **Distance:** 1 mile. A flat walk at a gentle pace, suitable for beginners.

Meet: Chichester Canal, Basin Road, Chichester PO19 8DT.

By Car: From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city.

By Bus: 5-minute walk from Chichester Bus Station.

Tuesday 11th June – 11am – *Suitable for Beginners* Midhurst Jubilee Walk & South Pond

Leader: Richard/Louise

Duration: 45 mins **Distance:** 1.5 miles. Various flat walks around Midhurst at a gentle pace passing interesting historic buildings along the way.

Meet: The Grange Leisure Centre, Bepton Road, Midhurst, GU29 9HD. Free 2 hr parking at the Grange. A ticket has to be obtained and displayed on your windscreen even for the free 2 hrs. Vehicle reg. is needed for the ticket.

By Car: Follow the A286 to Midhurst; take The Fairway and Holmbush Way to New Rd/A286 Turn left onto New Rd/A286. Continue to follow A286. The Grange will be on the right.

By Bus: The Grange is served by a good bus service.

Tuesday 11th June – Afternoon Walk 2pm – Chilgrove

Leader: Sandy

Duration: 2 – 2.5 hours **Distance:** 5 miles. A circular hilly scenic walk through a nice variety of surroundings, taking in the wishing well at East Marden. One steep section where using a stick is recommended. 5 Stiles and some quiet village road walking. Some paths may be somewhat overgrown in the Summer, but otherwise good walking conditions. **No dogs on this walk please**

Meet and Park at: The White Horse Inn, Chilgrove, PO18 9HX. (A286 to Lavant & turn left on B2141).

Wednesday 12th June – 10.30am – Centurion Way, Brandy Hole Lane, Oaklands Park, City Walls

Leader: Ian

Duration: 1 hr 15 mins **Distance:** 3.25 miles. A gentle walk, along the wooded Centurion Way and Brandy Hole Lane, a few minutes along Broyle Road then

Oaklands Park, the NW quadrant of the City Walls, and finally a few minutes 'walk along Westgate (Road) back to the start.

Meet: The western end of Westgate, near Bishop Luffa School Bus turning circle.

What3words: scribbled.grin.property

NB The nearest cafe and WCs to the start / end point are at Tesco Extra Fishbourne; this is a 7minute walk away, via the footbridge (which has a choice of steps or ramps).

Wednesday 12th June – 10.30am – Stansted Forest & Rowlands Castle

Leader: Peter & Alison

Duration: 2.5 hours **Distance:** 6 miles. A more strenuous longer walk using footpaths that criss-cross through woodland and grass meadows, with some fine views. There will be muddy stretches during winter months. Bring a snack for a short stop. No stiles. Suitable for people who enjoy a faster paced walk.

Meet: Stansted House Car Park PO9 6DX (use the first car park on the right)

Wednesday 12th June – 10.00am – Onslow Arms, Loxwood

Leader: Louise

Distance: 4.5 - 5 miles **Duration:** 2 hours – **no dogs sorry**. A level walk, no stiles, can be muddy (mostly get roundable!). An easy walk.

Meet: in the car park behind the Onslow Arms

By car: from Chichester follow the A285 road to Petworth, through Petworth then turn right on A272 and follow road to Wisborough Green about 6.5 miles, pass the green and turn left signposted Loxwood past The Cricketers Pub and then follow Durbans Road for 1.3 miles to T junction at the end, turn left and follow B2133 road through to Loxwood. The Onslow Arms is on the right hand side – turn right through the pub car park and go through to the Wey & Arun car park at the rear. If coming from the A24 side follow the road to Billingshurst and then follow the A272 towards Midhurst about 1½ miles then turn right on B2133 signposted to Loxwood.

Thursday 13th June - 10.30am – Petworth Park – Part 1 – Ancient Tree Walk

Leader: Gerald

Duration: 1.75 hrs **Distance:** 3 miles. PART 1 of the Ancient Tree walk is a fascinating walk through the Park trees from 350-800 years old. Some of the most ancient trees in Europe. It is dotted with magnificent oaks, beeches and sweet chestnuts, and we pass the Beelzebub Oak which has its own plaque in the wall behind it. It also passes by recently restored viewpoints from the North end of the Upper Pond. The fallow deer, long views and great trees make for a compelling walk.

Meet: Petworth Park, NORTH Car Park. Bring National Trust card or cash (£3) for Parking.

By car : Take A283 (London Road) northwards out of Petworth towards Northchapel/Guildford and 0.8 miles on left is Petworth Park **North Car Park (not the Petworth House car park)**. **Grid. Ref. SU966 238**. Nearest Post Code GU28 9LS. Not on Bus route.

Contact Gerald on 07748 597 568 if uncertain. Dogs welcome

Friday 14th June - 10.30am – Walk the England Coast Path Bognor to Littlehampton *New Walk*

Leader: Jane

Duration: all day **Distance:** 9 miles. This is a linear Walk. Return by bus. Lets Walk The England Coast Path Bognor Regis to Littlehampton 9 miles - a flat coastal walk with wide sea views. This is a flat walk with a mixture of promenade, sand dunes, fields and beach. There will be short areas of shingle but the intention is to do this as a lower tide walk when sandy stretches will be available to walk on.

Bring something to eat and drink and there will be a cafe stop by the harbour entrance when we reach Littlehampton.

Meet: at Bognor Regis Bandstand on Bognor Promenade, East of the pier. Nearest post code PO21 1BL

How to get there: The easiest way is by bus, with both the 600 and 700 going from Chichester to Bognor.

By car, follow the A295 from the A27, following signs for Bognor Regis and seafront. Parking is available but you will need means of payment. **No dogs please.**

There is the option of either the 500 bus back to Chichester, via Tangmere and Barnham or the 700 bus back to Chichester vis Bognor. Do bring a bus pass or means of payment.

Monday 17th June – 10.30am - Emsworth to Langstone

Leader: Jane

Duration: 2hrs **Distance:** Approx. 4.5 miles. Lovely flat shoreline walk, no stiles. Can be a little slippery and muddy underfoot. There will be an opportunity for a coffee stop.

No dogs please.

Meet: Emsworth Town Square. PO10 7AW

By Car: Take the A259 from Chichester to Emsworth. At the roundabout turn left into the town centre. The town square is on the right-hand side. Car park through town on the right. Please put sufficient money in the Emsworth car park so you don't have to rush back.

By Bus: 700

Monday 17th June – 10.30am – *Suitable for Beginners* Chichester Canal

Leader: Sarah

Duration: 30mins **Distance:** 1 mile. A flat walk at a gentle pace, suitable for beginners.

Meet: Chichester Canal, Basin Road, Chichester PO19 8DT.

By Car: From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city.

By Bus: 5-minute walk from Chichester Bus Station.

Tuesday 18th June – 11am – *Suitable for Beginners* Midhurst Jubilee Walk & South Pond

Leader: Richard/Louise

Duration: 45 mins **Distance:** 1.5 miles. Various flat walks around Midhurst at a gentle pace passing interesting historic buildings along the way.

Meet: The Grange Leisure Centre, Bepton Road, Midhurst, GU29 9HD. Free 2 hr parking at the Grange. A ticket has to be obtained and displayed on your windscreen even for the free 2 hrs. Vehicle reg. is needed for the ticket.

By Car: Follow the A286 to Midhurst; take The Fairway and Holmbush Way to New Rd/A286 Turn left onto New Rd/A286. Continue to follow A286. The Grange will be on the right.

By Bus: The Grange is served by a good bus service.

Tuesday 18th June – Afternoon Walk 2pm – Rowlands Castle & St. Hubert's Church

Leader: Sandy

Duration: 3 – 3.5 hours **Distance:** 6 miles. A lovely varied walk with two hills and an opportunity to visit St. Hubert's church in the Idsworth Valley. Some road walking for short distances. **No dogs on this walk please**

Meet: The Castle Inn pub, 1 Finchdean Rd, Rowlands Castle.

By Car: Rowlands Castle, PO9 6DA. Park alongside the green or on Finchdean Road just past the pub.

Wednesday 19th June – 10.30am – Cocking

Leader: Alison & Peter

Duration: 2 hrs 30 mins **Distance:** 6.5 miles. A lovely ramble along the paths of West Dean woods. A moderately strenuous longer walk with some steep gradients. Will be muddy if it has rained recently. Suitable for people who enjoy a faster paced walk.

Meet: Cocking Hill car park (nearest postcode GU29 0HT)

By Car: A286 Chichester - Midhurst road

Bus: No 60 from Chichester every 30 mins.

Wednesday 19th June – 10.30am - Mill Road to Black Rabbit – Gentle Pace

Leader: Dominic

Duration: Approx. 1.5 hours **Distance:** 3.5 miles, flat riverside walk, 1 stile. Mill Road car park to Offham, return via Black Rabbit.

Meet: Mill Road car park by the river in town centre (charge) BN18 9AA.

By Car: A27 to Arundel town centre. At bottom of hill turn left before river, car park on right.

Friday 21st June – 10.30am – Longer Stoughton Down Walk

Leader: Jane

Duration: 3.5-4 hrs **Distance:** 8.5 miles. This is a longer walk through fields, downland and woodland. There are some lovely open views. **It is a strenuous walk with some significant uphill sections.**

You might like bring a snack. No dogs please.

Meet: Walderton Road corner

By Car: Take the B2178 from Chichester and at Funtington, turn tight up the B2146 Hares Lane. At the next junction turn right and the right again to Walderton and Stoughton. The parking area is immediately on your left.

Tuesday 25th June – 10.30am – Sutton Common

Leader: Peter

Duration: 2 hrs **Distance:** 4.5 miles through woodlands and sandy heathland (3 stiles)

Meet: Lord's Piece car park (SU993169) Post code RH20 1 HG

By Car: A27 to Fontwell, A29 towards Pulborough, left on B2138 (Fittleworth) and immediately left signposted West Burton and Bignor right at road "triangle" for 1 mile to car park on right. Call Peter on 07920 461392 if uncertain.

Tuesday 25th June – 11am – *Suitable for Beginners* Midhurst Jubilee Walk & South Pond

Leader: Richard/Louise

Duration: 45 mins **Distance:** 1.5 miles. Various flat walks around Midhurst at a gentle pace passing interesting historic buildings along the way.

Meet: The Grange Leisure Centre, Bepton Road, Midhurst, GU29 9HD. Free 2 hr parking at the Grange. A ticket has to be obtained and displayed on your windscreen even for the free 2 hrs. Vehicle reg. is needed for the ticket.

By Car: Follow the A286 to Midhurst; take The Fairway and Holmbush Way to New Rd/A286 Turn left onto New Rd/A286. Continue to follow A286. The Grange will be on the right.

By Bus: The Grange is served by a good bus service.

Wednesday 26th June – 10.30am – Singleton to West Dean

Leader: Peter and Alison

Duration: 3-3.5 hours **Distance:** 7 miles. A longer strenuous walk, starting with a steep climb up Levin Down and going across to West Dean through woods and along lanes. A steep descent down Hat Hill back to Singleton to finish. Some uneven paths. Two stiles. Suitable for people who enjoy a faster paced walk.

Meet: Outside Singleton C of E Primary School, PO18 0HP

By car: Take the A286 from Chichester to Singleton and turn right onto Charlton Road. The school is just past the Partridge Inn PH on your left. Roadside parking available opposite the school or in the village.

Bus: No 60 from Chichester every 30 mins

Wednesday 26th June – 10am – Wisborough Green

Leader: Louise

Distance: 6.5 - 7 miles **Duration:** 2.5-3 hours. We follow the Kirdford Road for about 1 mile then through a Nature Reserve, cross the road and follow the footpath uphill to a bridleway, turn right and follow the bridleway for about 2 miles. At the junction we turn left and follow the footpath out to the dog training school, then the bridleway along the side for 2 miles. Then turn right and follow the bridleway back to the junction where we turn left. Then walk down the bridleway to the road about 1.5 miles turn right and then walk up the road, turn left and back down Kirdford Road to the cars. All in all about 6.5-7 miles. **Please note – it may be changed if river has flooded through rainfall.**

NO DOGS SORRY.

Meet: Park at the green in the laybys

By car: from Chichester follow the A285 road to Petworth, through Petworth then turn right on A272 and follow road to Wisborough Green about 6.5 miles. Turn left signposted to Loxwood and then park. If coming from the A24 side follow the road to Billingshurst and then take the A272 to Midhurst. As you enter Wisborough Green, pass the Three Crowns and then turn right and park.

Wednesday 26th June – 10.30am - Climping - Gentle Pace

Leader: Dominic

Duration: 1hr 15 mins **Distance:** Approx. 3 miles. Along dunes and beach to Climping Mill, then across fields to Ferry Road and Rope Walk to the Yacht Club. Refreshments are available at the Yacht Club on the return.

Meet: 10.30am at Arun Yacht Club Car Park, Rope Walk, Littlehampton, West Sussex, BN17 5DL. **Your support to the club in buying refreshments is appreciated in return for free parking.**

By Car: Take the A259, Bognor Littlehampton Road. About ¼ mile east of Ford Road roundabout turn right into Ferry Road. Follow signs for beach and Golf Course onto Rope Walk. The Yacht Club is on the left opposite the Golf Club at the top of the slope.

Wednesday 26th June – *6.15pm* – Early Evening Walk – Bosham Quay Southwards

Leader: Ian

Duration: 1 hr 15 mins **Distance:** 3 miles. We walk along Shore Road, then a small part of Chichester Harbour Coast Walk, and back the same way.

NB: the tide will be out but there is a chance of small muddy patches.

Meet: Bosham Car Park, PO18 8HZ, at the bus stop near Bosham Public Toilets.

What3words: noses.range.deflation

By car: Bosham is 4 miles west of Chichester, via the A259, then Delling Lane, then right into Bosham Lane. Possibly free parking after 18:00.

Thursday 27th June – 10.30am – Graffham

Leader: Bruce

Duration: 2 hours 15 minutes. **Distance:** 4.5 miles. Ascent 80m. Might be muddy. We take in Graffham and Lavington Commons, Seaford College and horses.

After the walk, this is a good place for a picnic.

Meet: Graffham Recreation Ground. SU931176 (Nearby postcode GU28 0QB)

<http://maps.google.com/maps?t=m&z=15&q=50.9506,-0.6756>

By Car: EITHER from the south via A286 to Cocking. After 1 mile turn right into Bex Lane (signposted Heyshott, Graffham). Follow the signs to Graffham. After the White Horse Pub turn left into Graffham village

OR from the south via A285 to Duncton. After 1 mile turn left signposted Selham Graffham. After 1.4 miles turn left. The rec is down a lane by the war memorial close to the Foresters Arms.

Friday 28th June – 10.30am - Iping and Chithurst

Leader: Jane

Time: 3 hrs **Distance:** This is a longer 6.75 mile walk, which has several stiles and is hilly in places. A pleasant walk with lovely views. No Dogs (except for assistance dogs). You may wish to bring a snack.

Meet: Outside the Hamilton Arms Stedham. GU29 0NZ.

By Car: A286 to Midhurst, at mini roundabout turn left on A272 to Petersfield. After 2 miles turn right into Stedham (this is the second turning to Stedham) and park outside the Hamilton Arms on the verge.

Monday 1st July – 10.30am – Walk the England Coast Path - Pagham to RSPB Sidlesham

Leader: Jane

Duration: Approx. 2hrs **Distance:** Approx. 5.5 miles. A circular flat walk taking in lovely views of Pagham Harbour. There will be an opportunity for a quick stop at the Information centre, where drinks are sometimes available.

It can be uneven under foot and slippery if wet. 1 stile.

Meet: at the far end of Church Lane Pagham, where the road ends.

By Car: 600 bus or by car, take the B2145 Selsey Road from the A27, at the first roundabout take the Pagham Road B2166 all the way through Pagham Village. At Church Farm Holiday Park, go round the bend and continue to follow Church Lane to the end. There is parking in the lane. **No dogs please.**

Monday 1st July – 10.30am – *Suitable for Beginners* Chichester Canal

Leader: Sarah

Duration: 30mins **Distance:** 1 mile. A flat walk at a gentle pace, suitable for beginners.

Meet: Chichester Canal, Basin Road, Chichester PO19 8DT.

By Car: From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city.

By Bus: 5-minute walk from Chichester Bus Station.

Tuesday 2nd July – 11am – *Suitable for Beginners* Midhurst Jubilee Walk & South Pond

Leader: Richard/Louise

Duration: 45 mins **Distance:** 1.5 miles. Various flat walks around Midhurst at a gentle pace passing interesting historic buildings along the way.

Meet: The Grange Leisure Centre, Bepton Road, Midhurst, GU29 9HD. Free 2 hr parking at the Grange. A ticket has to be obtained and displayed on your windscreen even for the free 2 hrs. Vehicle reg. is needed for the ticket.

By Car: Follow the A286 to Midhurst; take The Fairway and Holmbush Way to New Rd/A286 Turn left onto New Rd/A286. Continue to follow A286. The Grange will be on the right.

By Bus: The Grange is served by a good bus service.

Wednesday 3rd July – 10.30am – River Arun to The Stokes

Leader: Alison & Peter

Duration: 2 hrs 30 mins **Distance:** 4.8 miles. A lovely walk along lanes and through woods via the villages of North and South Stoke. It will be muddy in places if it has rained recently. Two stiles.

Meet: Amberley Station Car Park, BN18 9LR

By Car: A27 to Fontwell, A29 to Whiteways roundabout then B2139 to Amberley.

Friday 5th July – 10am – Pulborough to Amberley

Leader: Jane

Duration: 3 hrs **Distance:** 7 miles. A varied, largely flat walk through interesting countryside, also taking in the river Arun and Amberley Wild Brooks. Can be slippery if wet and has stiles.

The starting point for those driving will be Amberley Station car park. We will then purchase a train ticket (the machine is on the platform, we will catch the train to Pulborough and walk back). For those only using train service, we will be catching the 10.17 from Amberley.

Should the train times change, this will be updated. If there has been heavy rainfall an alternative walk will be available.

Meet: Amberley station at 10am

By Car: Post Code BN18 9LT **No Dogs please.**

Saturday 6th July – 10.30am - Slindon Woods – Gentle Pace

Leader: Dominic

Duration: 2 hrs **Distance:** 3.5 miles. Lovely views. Generally flat, gravel path. Some muddy areas and short inclines. Last ¼ mile uphill.

Meet: National Trust car park, Dukes Road, Slindon.

By Car: East along A27 to Fontwell racecourse roundabout – about 400m from roundabout on the left is Dukes Road. Park in the National Park car park at the bottom of the dip on the right.

Monday 8th July – 10.30am – *Suitable for Beginners* Chichester Canal

Leader: Sarah

Duration: 30mins **Distance:** 1 mile. A flat walk at a gentle pace, suitable for beginners.

Meet: Chichester Canal, Basin Road, Chichester PO19 8DT.

By Car: From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city.

By Bus: 5-minute walk from Chichester Bus Station.

Tuesday 9th July – 11am – *Suitable for Beginners* Midhurst Jubilee Walk & South Pond

Leader: Richard/Louise

Duration: 45 mins **Distance:** 1.5 miles. Various flat walks around Midhurst at a gentle pace passing interesting historic buildings along the way.

Meet: The Grange Leisure Centre, Bepton Road, Midhurst, GU29 9HD. Free 2 hr parking at the Grange. A ticket has to be obtained and displayed on your windscreen even for the free 2 hrs. Vehicle reg. is needed for the ticket.

By Car: Follow the A286 to Midhurst; take The Fairway and Holmbush Way to New Rd/A286 Turn left onto New Rd/A286. Continue to follow A286. The Grange will be on the right.

By Bus: The Grange is served by a good bus service.

Wednesday 10th July – 10.30am - West Marden

Leader: Alison & Peter

Duration: 2.5 - 3 hrs **Distance:** 6.5 miles. A walk from Stansted to West Marden via Walderton, including lanes and pleasant walking through woods and fields. It is a moderately strenuous walk with some gentle hills. Could be very muddy if there has been a lot of rain. Four stiles. Suitable for people who enjoy a faster paced walk.

Meet: Stansted House Car Park, PO9 6DX (use first car park on right).

By Car: Take the B2178 from Chichester turning right onto Broad Walk after passing through Aldsworth, signposted Stansted House.

Wednesday 10th July – 10.30am – Chichester Tree Trail

Leader: Ian

Duration: 1 hr 30 mins **Distance:** 1.5 miles. A 1.5 mile walk around central Chichester, to introduce us to the variety of local and exotic trees in our city. Wheelchair friendly. Although this is a short walk, we will be stopping frequently, hence the 90 minutes.

A pdf is available "Chichester Tree Trail" on the West Sussex County Council website, if you want to preview the notes.

Meet: Chichester Market Cross, East St (between HSBC/GoldArts). What3words: cook.times.busy.

Wednesday 10th July – 10.00am – Onslow Arms, Loxwood

Leader: Louise

Distance: 5.5 miles **Duration:** 2.5-3 hours – **no dogs sorry.** A fairly level walk, 2 stiles, muddy puddles to walk around.

Meet: in the car park behind the Onslow Arms

By car: from Chichester follow the A285 road to Petworth, through Petworth then turn right on A272 and follow road to Wisborough Green about 6.5 miles, pass the green and turn left signposted Loxwood past The Cricketers Pub and then follow Durbans Road for 1.3 miles to T junction at the end, turn left and follow B2133 road through to Loxwood. The Onslow Arms is on the right hand side – turn right through the pub car park and go through to the Wey & Arun car park at the rear. If coming from the A24 side follow the road to Billingshurst and then follow the A272 towards Midhurst about 1½ miles then turn right on B2133 signposted to Loxwood. **No dogs sorry.**

Thursday 11th July – 10.30am – Easebourne Benbow Pond

Leader: Bruce

Duration: 2 hours 15 minutes **Distance:** 4.6 miles. Ascent 155m. A moderately strenuous walk heading north of the Cowdray estate returning via the golf course and arboretum.

Meet: Easebourne - Benbow Pond. SU913222 (Nearby postcode GU28 9BX)

<http://maps.google.com/maps?t=m&z=15&q=50.9924,-0.6991>

By Car: A286 to Midhurst. A272 to Easebourne/Petworth. Turn left after 1.7 miles.

Friday 12th July – 10.30am – Compton & Sussex Border Path

Leader: Jane

Duration: 3.75 **Distance:** 8 miles. This is a more advanced walk due to its length. It also has some uphill sections and stiles. Lovely views of open countryside. We will have a stop so please bring a snack

Meet: Compton Recreation Ground car park. Take the B2178 from Chichester, turning right at Funtington into Hares Lane and right again on to the B2146 through West Marden and the recreation ground is on the right as you enter Compton village.

Monday 15th July – 10.30am – *Suitable for Beginners* Chichester Canal

Leader: Sarah

Duration: 30mins **Distance:** 1 mile. A flat walk at a gentle pace, suitable for beginners.

Meet: Chichester Canal, Basin Road, Chichester PO19 8DT.

By Car: From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city.

By Bus: 5-minute walk from Chichester Bus Station.

Tuesday 16th July – 10.30am – Amberley Village

Leader: Peter B

Duration: 2 hrs **Distance:** 4 mile walk through Amberley village and back round the castle and along the river Arun.

Meet: Car park at Amberley Station. MAP REF TQ026117

By Car: A27 to Fontwell, A29 to Whiteways Lodge roundabout then B2139 to Amberley.

Tuesday 16th July – 11am – *Suitable for Beginners* Midhurst Jubilee Walk & South Pond

Leader: Richard/Louise

Duration: 45 mins **Distance:** 1.5 miles. Various flat walks around Midhurst at a gentle pace passing interesting historic buildings along the way.

Meet: The Grange Leisure Centre, Bepton Road, Midhurst, GU29 9HD. Free 2 hr parking at the Grange. A ticket has to be obtained and displayed on your windscreen even for the free 2 hrs. Vehicle reg. is needed for the ticket.

By Car: Follow the A286 to Midhurst; take The Fairway and Holmbush Way to New Rd/A286 Turn left onto New Rd/A286. Continue to follow A286. The Grange will be on the right.

By Bus: The Grange is served by a good bus service.

Wednesday 17th July – 10.30am - Slindon

Leader: Alison & Peter

Duration: 2.5 hours **Distance:** Approx. 5.5 miles. A longer strenuous walk to the folly and through Slindon Woods, with some steep gradients. Will be muddy after wet weather. Suitable for people who enjoy a faster paced walk.

Meet: National Trust Car Park at Park Lane, Slindon BN18 0QY

By Car: Take A27 east from Chichester. At Fontwell roundabout continue on A27 to the next roundabout and take 1st exit for A29 (Pulborough/Amberley) and then turn immediately left into Park Lane. The car park is a short way along on the left.

Friday 19th July – 10.30am – Funtington, Ashlings and Stoke Clump

Leader: Jane

Duration: 3 hrs **Distance:** 7.5 miles. A varied walk taking in 3 villages across fields and quiet lanes, finishing with a stiff climb up to Stoke Clump with lovely downland views. There are stiles.

Meet: Kingley Vale West Stoke car park Downs Rd, Chichester PO18 9BE

By car: Take the B2178 from Chichester, turning left after East Ashling. The car park is sign posted and is currently free but will possibly be charging soon. No dogs please.

Monday 22nd July – 10.30am - Emsworth to Nutbourne

Leader: Jane

Duration: 3 hrs **Distance:** 6 miles. A flat walk taking in Emsworth Slipper Millpond, the villages of Prinsted and Nutbourne and the shoreline of Chichester harbour. It can be slippery if muddy. Lovely harbour views. **No dogs please.**

We will return by Thornham Marina where there is an optional coffee stop

Meet: Meet Palmer Road car park North Street Emsworth, which is a pay car park. PO10 7DB.

By Car: From the Emsworth town roundabout, turn right into North Street and the car park is behind Tesco Express on the right hand side.

Monday 22nd July – 10.30am – *Suitable for Beginners* Chichester Canal

Leader: Sarah

Duration: 30mins **Distance:** 1 mile. A flat walk at a gentle pace, suitable for beginners.

Meet: Chichester Canal, Basin Road, Chichester PO19 8DT.

By Car: From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city.

By Bus: 5-minute walk from Chichester Bus Station.

Tuesday 23rd July – 10.30am – Harting Down

Leader: Bruce

Duration: 2 hours. **Distance:** 3.5 miles. Ascent 200n. A strenuous climb to Beacon Hill rewarded with big sky views.

Meet: Harting Hill Viewpoint. SU791180 (Nearby postcode GU31 5PN)

<http://maps.google.com/maps?t=m&z=15&q=50.9560,-0.8751>

By Car: Take the B2141 between Chilgrove and South Harting. National Trust car park on the right (£3 or park in Hill Lane)

Tuesday 23rd July – 11am – *Suitable for Beginners* Midhurst Jubilee Walk & South Pond

Leader: Richard/Louise

Duration: 45 mins **Distance:** 1.5 miles. Various flat walks around Midhurst at a gentle pace passing interesting historic buildings along the way.

Meet: The Grange Leisure Centre, Bepton Road, Midhurst, GU29 9HD. Free 2 hr parking at the Grange. A ticket has to be obtained and displayed on your windscreen even for the free 2 hrs. Vehicle reg. is needed for the ticket.

By Car: Follow the A286 to Midhurst; take The Fairway and Holmbush Way to New Rd/A286 Turn left onto New Rd/A286. Continue to follow A286. The Grange will be on the right.

By Bus: The Grange is served by a good bus service.

Wednesday 24th July – 10.30am – Eartham

Leader: Alison & Peter

Duration: 2-2.5 hrs **Distance:** 5.5 miles. A walk through Eartham Woods, coming back along Stane Street. No stiles. Suitable for people who enjoy a faster paced walk.

Meet: Forestry Commission Car Park, Eartham

By Car: Take A27 east from Chichester. Half a mile before Fontwell turn left following signs to Eartham. Pass The George PH and continue north to the car park on your right.

Thursday 25th July – 10.30am – Fittleworth Countryside

Leader: Gerald

Duration: 1.5 hours **Distance:** 3 miles. Two short stretches on tarmac and then a lovely walk through countryside surrounding Fittleworth. No stiles and wonderful views across the River Rother. Two inclines. If recent rain, it's worth wearing Wellington boots for a small section of standing water. Excellent café available for loos, teas, coffees and small lunches at the end.

Meet: Fittleworth Village Hall RH20 1JB, in the car park area at the rear of the Hall.

By Car: From Petworth take the A283 east towards Fittleworth, and in the middle of the village turn right into School Lane. After the playing fields, the Village Hall (and shop) is on the left. Park at the rear of the Hall please. Contact Gerald on 07748 597 568 if uncertain. Dogs are welcome.

By Bus: Bus No. 1 Midhurst or Worthing to Fittleworth (School Lane) and Village Hall within 150 yards.

Friday 26th July – 10am - Chichester Harbour *note early start*

Leader: Jane

Duration: all day **Distance:** 10 miles. This is a lovely coastal walk taking in the villages of Dell Quay, Fishbourne, Bosham and West Itchenor. There is a short ferry ride for which you need **£3**. Please bring food and drink. Can be muddy and slippery. **No dogs please.**

Meet: Chichester Marina Visitors car park. It is thought that parking charges may be introduced at the Marina visitors car park. An alternative is to take the 52 bus from Chichester (every 20 minutes), get off at the Marina and walk down the lane towards the Marina and the visitors car park is on the right, where we will meet.

By Car: From the Chichester bypass (A27), take the A286 following signs for the Witterings. At the Stockbridge Roundabout take the second exit – A286 signposted Bracklesham, Witterings. After two miles turn right into Chichester Marina. Park in the first car park on the right.

Monday 29th July – 10.30am – *Suitable for Beginners* Chichester Canal

Leader: Sarah

Duration: 30mins **Distance:** 1 mile. A flat walk at a gentle pace, suitable for beginners.

Meet: Chichester Canal, Basin Road, Chichester PO19 8DT.

By Car: From Chichester city centre go south along Basin Road to Canal Wharf.

Limited parking but plenty of public car parks available in the city.

By Bus: 5-minute walk from Chichester Bus Station.

Tuesday 30th July – 10.30am – Poling Ponds

Leader: Peter

Duration: 2 hours **Distance:** 4 mile circular walk via Angmering village to Poling Ponds (with a golf driving range at the car park).

Meet: Rustington Golf Centre car park, BN16 4NB (park in lanes nearest car park entrance)

By Car: A259 from Chichester past Littlehampton to Rustington Golf Centre on left at roundabout after crossing railway bridge (BMW dealership opposite).

Tuesday 30th July – 11am – *Suitable for Beginners* Midhurst Jubilee Walk & South Pond

Leader: Richard/Louise

Duration: 45 mins **Distance:** 1.5 miles. Various flat walks around Midhurst at a gentle pace passing interesting historic buildings along the way.

Meet: The Grange Leisure Centre, Bepton Road, Midhurst, GU29 9HD. Free 2 hr parking at the Grange. A ticket has to be obtained and displayed on your windscreen even for the free 2 hrs. Vehicle reg. is needed for the ticket.

By Car: Follow the A286 to Midhurst; take The Fairway and Holmbush Way to New Rd/A286 Turn left onto New Rd/A286. Continue to follow A286. The Grange will be on the right.

By Bus: The Grange is served by a good bus service.

Wednesday 31st July – 10.30am – City Walls – Love Parks Week

Leader: Bruce

Duration: 45 mins - 1 hour **Distance:** 2 miles. A lovely walk around the city walls.

Meet: Priory Park in front of the Guildhall.

Wednesday 31st July – 10am – Wisborough Green

Leader: Louise

Distance – 6.5 miles Duration 2.5-3 hours. A walk up Harsfold Lane over the Wey & Arun Canal to Lee Place then via bridleways and footpaths to Lordings Lock. A walk with uphill and downhill parts, 3 stiles – it should be fun.

Please note – it may be changed if river has flooded through rainfall.

NO DOGS SORRY.

Meet: Park at the green in the laybys

By car: from Chichester follow the A285 road to Petworth, through Petworth then turn right on A272 and follow road to Wisborough Green about 6.5 miles. Turn left signposted to Loxwood and then park. If coming from the A24 side follow the road to

Billingshurst and then take the A272 to Midhurst. As you enter Wisborough Green, pass the Three Crowns and then turn right and park.

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